

WINDSOR SWIMMING CLUB

(Affiliated to A.S.A South East Region)

LEVEL 3 OPEN MEET

(UNDER A.S.A LAW and A.S.A TECHNICAL RULES)

LICENSED BY THE A.S.A UNDER NO :3SE1111

21st MAY 2011

ENTRY TO THIS MEET WILL BE ON A FIRST COME FIRST SERVED BASIS

PROMOTER'S CONDITIONS

1. The meet will be run under A.S.A. Law and A.S.A. Technical Rules of swimming and the Promoters conditions.
2. Swimmers must be, or have applied to be registered with the A.S.A. and may only enter events in their own age group.
3. All clubs entering more than 8 swimmers must, **as a condition of acceptance** with their swims, give the name and contact details of one Level 1 Licensed and one Level 2 licensed Judges to support with officiating during the Meet.
4. Ages at 21st May 2011
5. The competition is in an 8 Lane, 25 m pool with Automatic Officiating Equipment.
6. All 10yr and above groups will swim 50m, 100m & 200m strokes. The 9yr group will swim 50m & 200m and 100IM strokes.
7. The competition will be run on a heat declared winner basis, there will be no finals.
8. Awards will be made to the first 5 in age group events in each age group (9yr, 10yr, 11yr, 12yr, 13yr, 14yr plus),
9. A perpetual trophy will go to the visiting club gaining the highest number of points allocated on a basis 1st-8 points, 2nd- 7 points, 3rd-6 points, 4th-5 points, 5th-4 points, 6th-3 points, 7th-2 points, and 8th-1 point for each event. Disqualifications will not receive any points.
10. The Promoters reserve the right to restrict entries to meet the allocated pool time, or on the grounds of health and safety. Entries will be accepted on a **first come first served** basis presuming the swimmer's PB's fall within the Qualifying and cut off times. Closing date for entries is Midnight **23rd April**. Entries with no time will be accepted only if the event is undersubscribed.
11. Entry fee is £5.00 per event. Coaches' passes will be £10.00 each. This includes entry to poolside, a programme of events for the whole day, lunch and a full copy of the results. Only competing swimmers and swimming coaches/Team Managers displaying the appropriate pass (max 3 per club, at Promoters discretion) will be allowed on poolside for Health/Safety Insurance reasons.
12. Entry for spectators will be £3.50 per session or £6.00 for the day. Children are £2.00 per session. OAP's and children under 5 are free. Programmes are £2.00

13. We accept entries on a Sportsystem file, available on request by telephone or email from Windsor Swimming Club or download from the website. Manual entries will incur a £30 administration charge.
14. Entries should be returned, on the relevant forms or files provided, with the appropriate fee to Windsor Swimming Club at the address below. Cheques should be made payable to "Windsor Swimming Club". One combined cheque per club.
15. This meet will be run without cards. Refunds for entries not accepted will be available for collection at the start of the meet
16. Warm up marshals will be appointed, but coaches must supervise their swimmers during this period so as not to endanger themselves or others whilst in the water. Diving is not permitted during warm up except in designated sprint lanes as advised by the warm up marshals.
17. It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are competent to the standard of the A.S.A Competitive Start Award. Competitors may start from the side or in the water.
18. Windsor Swimming Club cannot take responsibility for lost or stolen articles.
19. Over the top starts may be used at the referee's discretion.
20. This event is aimed at Club Swimmers in accordance with A.S.A. Open Meet Licensing Guidelines Level 3.
21. Any person wishing to engage in any video, zoom or close range photography must register their details with the staff at the entrance control before carrying out any such photography. This includes the use of a mobile telephone with an image capturing facility. It is a condition of entry that swimmers consent to any such photography taking place.
22. The changing rooms are unisex and will be patrolled during the Meet to ensure the safety of all the swimmers. It should also be noted that the Magnet has security cameras in operation in these areas.
23. For safety and comfort reasons we request that all swimmers place their swimming bags in the lockers provided. The lockers take £1 coins which are refundable.
24. Time trials will not be allowed.
25. The **Teaching pool, bubble pool, and Jacuzzi** are out of bounds at all times to all swimmers.
26. Swimmers must wear suitable clothing and footwear on poolside. No wet clothing is allowed in the spectator seating area.
27. The Promoter reserves the right to refuse admission to any spectator, swimmer or coach.
28. Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. Questions can be dealt with by writing to the Promoter or the Meet Administrator

Address: Windsor Swimming club
23 Montrose Avenue
Datchet
SL3 9NH

Meet Administrator: Grace Withers
Email: WSCMay2011@gmail.com
Meet Promoter: Jo Withers
Email: Jo-wsc@hotmail.com
Telephone: 07595 071059 (mob)
Website: www.windsor-sc.org.uk

WSC LEVEL 3 OPEN MEET. QUALIFYING TIMES

MALE: Qualifying times. "Lower" = No slower than. "Upper" = No faster than

		9	10	11	12	13	14+
200FR	Upper	3:16.00	3:05.00	2:51.00	2:36.00	2:24.00	2:16.00
	Lower	3:50.00	3:40.00	3:20.00	3:07.00	2:55.00	2:50.00
100FR	Upper	N/A	1:20.00	1:14.00	1:10.00	1:06.00	1:01.75
	Lower	N/A	1:50.00	1:40.00	1:30.00	1:20.00	1:10.00
50FR	Upper	38.40	36.40	32.80	30.30	28.20	27.20
	Lower	48.00	45.00	43.00	40.00	37.00	34.00
50BR	Upper	50.50	48:00	44.00	42.00	38.50	36.50
	Lower	1:05.80	1:01.10	57.30	50.40	48.40	44.40
50FLY	Upper	44.00	42.00	37.70	35.60	33.50	30.50
	Lower	1:03.60	58.90	55.90	46.50	43.50	39.50
50BK	Upper	46.30	42.0	38.00	36.20	33.30	32.00
	Lower	57.60	53.20	50.10	44.80	40.80	38.80
100IM	Upper	1:36.50	1:34.50	1:27.70	1:21.50	1:15.00	1:12.00
	Lower	2:20.00	2:05.00	1:55.00	1:45.00	1:30.00	1:20.00

FEMALE: Qualifying times. "Lower" = No slower than. "Upper" = No faster than

		9	10	11	12	13	14+
200FR	Upper	3:14.00	3:02.00	2:47.00	2:31.00	2:28.50	2:25.50
	Lower	3:40.00	3:28.00	3:00.00	2:59.00	2:42.00	2:40.00
100FR	Upper	N/A	1:19.00	1:11.40	1:11.00	1:08.50	1:06.60
	Lower	N/A	1:45.00	1:38.00	1:30.00	1:22.00	1:13.00
50FR	Upper	38.00	36.00	33.00	31.30	30.30	29.50
	Lower	47.00	44.00	43.00	41.00	38.00	36.00
50BR	Upper	50.50	47.70	43.70	41.70	38.70	37.80
	Lower	1:06.20	1:00.40	55.10	52.10	50.10	48.10
50FLY	Upper	43.70	41.50	37.20	35.00	34.20	32.70
	Lower	1:03.40	57.90	54.70	49.70	46.70	42.70
50BK	Upper	44.00	41.90	38.50	35.90	34.90	33.90
	Lower	57.50	52.50	48.30	46.30	42.30	41.30
100IM	Upper	1:36.50	1:34.50	1:27.50	1:21.00	1:18.00	1:16.00
	Lower	2:10.00	2:00.00	1:53.00	1:45.00	1:32.00	1:23.00