



Tilehurst Swimming Club

(affiliated to SE Region ASA)

Open Meet Licensed Level 4 (4SE1xxx) (Under ASA Laws & Technical Rules)

Saturday 2nd July 2011

Tilehurst Swimming Club invite you to swim at our Open Meet, aimed at developing younger swimmers. A mix of serious swimming and a good bit of fun. We've included in the programme a set of relay races just to get in the frame of mind for team swimming next year.

Venue:

Reading's Central Pool: 6 lane 25m pool equipped with anti-turbulence lane ropes. We hope to use Electronic timing.

Entry criteria:

First come, first served.

Programme of Events:

Age groups are: 10 & Under, 11 years, 12 years, 13 years, 14 years, 15 years and over on 2nd July 2011.

| Session One Warm up 1:45pm, Start 2:15pm | | Session Two Warm up 5:15pm Start 5:45pm | |
|---|------------------------|--|------------------------|
| | | Squadron Relay Race | |
| Boys | 200m Freestyle | Girls | 200m Freestyle |
| Girls | 200m Individual Medley | Boys | 200m Individual Medley |
| Boys | 100m Breaststroke | Girls | 100m Breaststroke |
| Girls | 50m Freestyle | Boys | 50m Freestyle |
| Boys | 100m Backstroke | Girls | 100m Backstroke |
| Girls | 100m Butterfly | Boys | 100m Butterfly |
| Boys | 100m Freestyle | Girls | 100m Freestyle |

Format of events:

All events will be Heat Declared Winner. Heats will be seeded in entry time order regardless of age, i.e. Heat one is for the slowest accepted entries or entries with no time in age order. The last heat will be spearheaded. Over the top starts will operate as appropriate. The whole programme is expected to be complete by 9.00pm

This is a card-less meet. After the closing date a list of successful entrants, warm-up and meet instructions, together with refunds in respect of unaccepted entries will be sent by e-mail (where possible), otherwise please enclose a SAE for the return of this information (and refunds). Swimmers must sign-in before the warm-up.

Team Relays: A Bit of Fun:

As a bit of fun, and to develop team spirit, at the start of session 2 we'll run a 6x50m freestyle relay event. There's no winners or prizes, but it's a good opportunity to sample team swimming.

A team will consist of 3 boys and 3 girls, one each from the age groups of Under 11; 12/13 and 14&Over swum Girl/Boy order in ascending age group. Coaches as invited to submit team(s) to swim. *The aim is to develop swimmers*, so please, if you have a swimmer in the correct age group, swim them – however, if you haven't got one to make up a team, you may swim an out-of-age-group swimmer to enable the others to experience the event. Please be sensible about it and it'll work out just fine...

Coaches' Passes:

Coaches' Passes for poolside access for the meet will cost £7.00 This fee includes a full set of programmes and refreshments between sessions.

Technical Officials:

Clubs are requested to provide a timekeeper and a judge to assist in the running the meet.

The Tilehurst Open Meet is an Level 4 meet. As such it is ideal for officials under training and wishing to take their licensed exams. Candidates looking for this should e-mail meets@tilehurstswimmingclub.org.uk in advance to ensure support. Arrangements for Judge Level 2 and higher should be co-ordinated with the relevant ASA Officials officer.

Time Trials:

We reserve the right to offer time trials, provided it is not to the detriment of the swimmers who entered correctly. Time trial swims are not eligible for awards .

Results:

Results will be posted on poolside, and on the Tilehurst Swimming Club website, www.tilehurstswimmingclub.org.uk.

Time from this meet, as a Level 4 meet, can be used to qualify for County Championships and Level 3 meets and will be posted to the ASA rankings database.

Not-faster-than times:

A swimmer may only enter with times equal, or slower than those set out in this table:

| BOYS | 50m Freestyle | 100m Freestyle | 200m Freestyle | 100m Breaststroke | 100m Butterfly | 100m Backstroke | 200m Individual Medley |
|--------------|----------------------|-----------------------|-----------------------|--------------------------|-----------------------|------------------------|-------------------------------|
| Age Group | | | | | | | |
| 10 & Under | 0:38.00 | 1:22.90 | 2:59.30 | 1:48.10 | 1:35.90 | 1:34.70 | 3:30.10 |
| 11 | 0:34.60 | 1:17.80 | 2:48.80 | 1:40.10 | 1:27.60 | 1:27.60 | 3:15.00 |
| 12 | 0:32.30 | 1:13.20 | 2:37.10 | 1:32.00 | 1:22.00 | 1:22.00 | 3:00.50 |
| 13 | 0:30.90 | 1:08.90 | 2:25.00 | 1:27.40 | 1:17.70 | 1:16.30 | 2:49.00 |
| 14 | 0:29.40 | 1:04.60 | 2:17.50 | 1:22.50 | 1:13.30 | 1:11.00 | 2:40.20 |
| 15 & Over | 0:28.30 | 1:00.10 | 2:13.00 | 1:18.00 | 1:08.00 | 1:08.80 | 2:31.30 |
| GIRLS | 50m Freestyle | 100m Freestyle | 200m Freestyle | 100m Breaststroke | 100m Butterfly | 100m Backstroke | 200m Individual Medley |
| Age Group | | | | | | | |
| 10 & Under | 0:38.40 | 1:24.60 | 3:03.40 | 1:48.80 | 1:36.00 | 1:35.20 | 3:25.60 |
| 11 | 0:36.50 | 1:14.40 | 2:48.00 | 1:37.00 | 1:27.00 | 1:26.00 | 3:11.40 |
| 12 | 0:32.80 | 1:10.00 | 2:33.00 | 1:33.50 | 1:24.40 | 1:22.00 | 2:56.60 |
| 13 | 0:31.30 | 1:07.50 | 2:29.50 | 1:31.00 | 1:19.50 | 1:19.20 | 2:46.50 |
| 14 | 0:30.70 | 1:04.60 | 2:26.50 | 1:27.00 | 1:16.50 | 1:17.00 | 2:42.70 |
| 15 & Over | 0:30.60 | 1:02.50 | 2:24.00 | 1:25.10 | 1:15.00 | 1:16.30 | 2:34.00 |

Awards:

The first three swimmers finishing in each age group shall receive awards, providing that they are not faster the times above (in which case a "Speeding Ticket" is awarded.)

We will award for Top Visiting Club, based on 6 points for a first place, 5 for second, *etc*, in the individual events, and Top Boy/Girl (based on their placing within their age groups).

Entries:

We prefer electronic entry – it's quicker, easier for you and more accurate – please visit our web site for the SportSystems files and entry submission.

Paper entries can be made on the official entry form attached. Photocopies of entry forms will be accepted. Submitted times should be current best times for a 25m pool.

The entry fee is £4.00 per event. Payment can be made online; For Club entries only, a single cheque, (rather than a series of smaller, individual cheques) payable to Tilehurst Swimming Club may be sent. (Individual entries pay online)

Tilehurst Swimming Club reserves the right to restrict entries to ensure session completion within planned times. Entries are accepted on a **FIRST COME FIRST SERVED** basis.

As soon as possible after the closing date, Monday 6th June 2011, a list of accepted/rejected entries, together with key swimmer information will be emailed to all clubs (please ensure an email address is stated on the entry form.) This information will also be posted at www.tilehurstswimmingclub.org.uk. Where it has been necessary to restrict entries a refund (payable to the club) will be sent at this time for any unaccepted entries received before the closing date. No refunds will be made for entries withdrawn after the meet has been closed to new entrants.

The meet may be closed to new entrants prior to the closing date if the meet is filled.

Legal Stuff:

All swimmers must be registered with the ASA.

Anyone wishing to take still or digital photography (including using mobile phones to do this), must in accordance with the ASA Child Protection guidelines, register themselves with the Promoter on entry to the Meet.

Any dispute related to a matter not covered in these conditions shall be determined by the Promoter.

The Meet promoter: Tilehurst Swimming Club. Enquiries and entries to Jonathan Mills, Address: Church Lane House, Church Lane, Heckfield, RG27 0LG, Telephone: 07802 175797. E-mail: meets@tilehurstswimmingclub.org.uk



**Tilehurst Swimming Club
Open Meet**

Club Entry Summary Form

This only needs to be filled in if you are not using electronic entry on www.tilehurstswimmingclub.org.uk

Saturday 2nd July 2011

Name of Club: _____

Contact Name: _____

Address: _____

Contact e-mail: _____

Telephone number: _____

Number of Relay Teams to enter: _____

Total Entries _____ @ £4.00 = _____

Coaches passes _____ @ £7.00 = _____

Total Enclosed _____

We will be supplying a : Timekeeper : name: _____

Judge : name: _____

A single cheque for the total amount, payable to Tilehurst Swimming Club, to be enclosed.

Please enter the competitors above for the events indicated. They are eligible to enter this meet. I have read and accept the promoter's conditions. The information and times above are, to the best of my knowledge, accurate.

Signature of Club Meet Secretary: _____

Meet details/results available at tilehurstswimmingclub.org.uk. Enquires to meets@tilehurstswimmingclub.org.uk.



Tilehurst Swimming Club Open Meet

Saturday 2nd July 2011

Individual Entry Form

This form may be used by clubs for individuals, before consolidating the entries on the Consolidated Entry Form.

| | |
|---|-------|
| Swimmer's Surname: | |
| First Name: | |
| Sex: | M / F |
| Date of Birth: | |
| Age at midnight, 2 nd July 2011: | |
| ASA Registration Number: | |
| Club/Squad: | |
| E-mail address: | |

Enter events by writing your current short course (25m) personal best time in the column. Enter "NT" if you do not have a time for the event, but wish to enter, *however it's much better to ask your coach for an estimate so you swim in the right part of the competition.* Leave blank if you do not wish to enter.

| Race | Entered time |
|------------|--------------|
| 50 Free | |
| 100 Free | |
| 200 Free | |
| 100 Breast | |
| 100 Fly | |
| 100 Back | |
| 200 IM | |

Total of events at £4.00 per event: Total amount

I am eligible to enter these events at the times shown (signed)

Please hand the completed form to your coach or club meet coordinator, together with the entry fee (£4.00 per swim, payable to your club) by your club's closing date

The Meet's closing date for entries is Monday 6th June 2011.

The Tilehurst Open Meet is the ideal opportunity for technical official candidates to further their qualifications. See meet conditions.

Help in running the meet is always welcome: contact us on meets@tilehurstswimmingclub.org.uk if you are willing or able to assist as an official.

