



Reading Swimming Club

(affiliated to SE Region ASA)

21st "B" Grade Development Meet

(Under ASA Laws & Technical Rules)

Saturday 6th October 2007

Your first chance to get some 2008 County Championship qualifying times!

Venue:

Central Pool, Reading - 25 metre, 6 lane, manual timing, anti-turbulence lane ropes.

Age Groups:

10 years, 11 years, 12 years, 13 years, 14 years, 15 years and over on 6th October 2007.

Events Offered:

100m Backstroke, Breaststroke, Butterfly, Freestyle, 200m IM and 50m Freestyle - all age groups.

Programme of Events:

Session One <i>Warm up 2:15pm Start 2:45pm</i>		Session Two <i>Warm up 5:45pm Start 6:15pm</i>	
Event		Event	
11. Boys	200m Individual Medley	21. Girls	200m Individual Medley
12. Girls	100m Breaststroke	22. Boys	100m Breaststroke
13. Boys	50m Freestyle	23. Girls	50m Freestyle
14. Girls	100m Backstroke	24. Boys	100m Backstroke
15. Boys	100m Butterfly	25. Girls	100m Butterfly
16. Girls	100m Freestyle	26. Boys	100m Freestyle

The whole programme is expected to be complete by 9.30pm

Format of events:

All events will be decided on heat times. There will be no finals. Heats will be seeded in entry time order regardless of age, i.e. Heat one is for the slowest accepted entries or entries with no time. The last heat will be spearheaded. Entries with no time will swim in the first heat in age order.

The ONE START RULE will apply to this meet. In order to ensure the events run to time OVER THE TOP starts will operate.

This is a card-less meet. After the closing date for entries, a list of successful entrants, warm-up and meet instructions, together with refunds in respect of unaccepted entries. Please enclose a SAE for the return of this information.

Coaches' Passes:

Coaches' Passes for poolside access for the meet will cost £7.00 This fee includes a full set of programmes and refreshments between sessions.

Results:

Results will be available on the day, and will be published on the Reading Swimming Club website, www.readingswimclub.org.

Technical Officials:

Clubs are requested to provide a timekeeper and a judge to assist in the running the meet.

Reading Swimming Club 21st 'B' Grade Open Meet, 6th Oct 2007



Entry times:

A competitor may only enter with times slower than those in the table below. These are set 2% faster than the County Qualification times to Berks & South Bucks, 2007 (as 2008 are not out yet).

Girls						
Age Group	200m Individual medley	50m Freestyle	100m Butterfly	100m Backstroke	100m Breaststroke	100m Freestyle
10	3:27.0	37.7	1:36.5	1:37.0	1:40.4	1:25.9
11	3:09.2	34.3	1:25.2	1:24.2	1:35.0	1:13.0
12	2:59.3	32.3	1:23.0	1:21.3	1:32.6	1:12.0
13	2:50.5	31.4	1:19.5	1:18.0	1:26.2	1:09.4
14	2:46.6	30.4	1:16.4	1:16.4	1:26.1	1:07.4
15+	2:43.6	30.4	1:15.5	1:15.5	1:25.8	1:05.6
Boys						
Age Group	200m Individual Medley	50m Freestyle	100m Butterfly	100m Backstroke	100m Breaststroke	100m Freestyle
10	3:30.7	37.7	1:40.5	1:39.5	1:52.2	1:27.6
11	3:13.5	34.3	1:29.9	1:29.6	1:41.3	1:19.4
12	3:00.0	31.8	1:20.3	1:20.7	1:30.2	1:12.0
13	2:46.6	30.4	1:18.4	1:15.2	1:26.3	1:07.6
14	2:38.8	28.9	1:13.5	1:10.8	1:22.3	1:03.7
15+	2:30.4	27.9	1:08.6	1:08.0	1:17.4	1:00.5

Awards:

The first three swimmers finishing in each age group shall receive awards, providing that they have not exceeded the grade times by more than the allowance shown below. Swimmers achieving times faster than the allowance will be awarded "Speeding Tickets".

Age Group	10 years	11 years	12 years	13 years	14 years	15+ years
200m events	10 seconds	8 seconds	8 seconds	6 seconds	4 seconds	2 seconds
100m events	5 seconds	4 seconds	4 seconds	3 seconds	2 seconds	1 second
50m events	3 seconds	2 seconds	2 seconds	1½ seconds	1 second	½ second

Entries:

Entries should be made on the official entry form attached. Photocopies of entry forms will be accepted. Submitted times should be current best times for a 25m pool. Reading Swimming Club reserves the right to restrict entries, to ensure session completion within planned times.

Enquiries may be directed to MeetEnquiries@readingswimclub.org. Completed entry forms to be returned, together with the appropriate entry fee to **Reading Swimming Club, 6 Hawley Close, Calcot, Reading, RG31 7ED**.

The entry fee is £3.75 per event. Remittances should be made payable to Reading Swimming Club and crossed. It would be appreciated if club entries were accompanied by one cheque for the requisite sum, rather than a series of smaller cheques.

The closing date for entries is Friday 14th September 2007, but entries before that date would be appreciated.



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Name of Club: _____

Contact Name: _____

Address: _____

Contact e-mail: _____

Telephone number: _____

MALE Entries

Total Entries _____ @ £3.75 = _____

FEMALE Entries

Total Entries _____ @ £3.75 = _____

Coaches passes _____ @ £7.00 = _____

Total Enclosed _____

We will be supplying a Timekeeper Judge (tick to confirm)

Please enter the competitors above for the events indicated. They are eligible to enter this meet. I have read and accept the promoter's conditions. The information and times above are, to the best of my knowledge, accurate.

Signature of Club Secretary _____



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Individual Entry Form

This form may be used by clubs for individuals, before consolidating the entries on the Consolidated Entry Form.

Swimmer's Surname:	
First Name	
Sex:	M / F
Date of Birth:	
Age at midnight, 6 Oct 2007:	
ASA Registration Number:	
Club:	
E-mail address:	

Enter events by writing your current short course (25m) personal best time in the column. Enter "NT" if you do not have a time for the event, but wish to enter. Leave blank if you do not wish to enter.

Race	Entered time
200 IM	
50 Free	
100 Fly	
100 Back	
100 Breast	
100 Free	

Total of events at £3.75 per event: Total amount

I am eligible to enter these events at the times shown .. (signed)

Please hand the completed form, together with the entry fee (£3.75 per swim) to your coach or club meet coordinator by Friday 14th September 2007

Reading Swimming Club 'B' 21st Grade Development Meet Consolidated Club Entry Form.



Club Name: _____

Enter events by inserting the best short course time in the relevant box (or "NT" if no time available)

Surname	First Name	Sex (M/F)	Date of Birth	Age on Day	ASA Reg No	200m IM	50m Freestyle	100m Butterfly	100m Backstroke	100m Breaststroke	100m Freestyle	Total Fees @ £3.75
Total this page												

Closing date for Entries is Friday 14th September 2007. Age is as on the day of the meet, 6th October 2007.