

| Sum - Time                | Stroke   |            |         |          |         |          |            |         |          |         |         |         |           |         |         |          |         |           |         |         |
|---------------------------|----------|------------|---------|----------|---------|----------|------------|---------|----------|---------|---------|---------|-----------|---------|---------|----------|---------|-----------|---------|---------|
| Swimmer                   | 100 Back | 100 Breast | 100 Fly | 100 Free | 100 IM  | 200 Back | 200 Breast | 200 Fly | 200 Free | 200 IM  | 200IM   | 25 Back | 25 Breast | 25 Fly  | 25 Free | 400 Free | 50 Back | 50 Breast | 50 Fly  | 50 Free |
| ?                         |          |            |         |          |         |          |            |         |          |         |         |         |           |         |         |          |         |           |         |         |
| Abigael Sheppard          |          |            |         | 2:02.14  |         |          |            |         | 4:15.95  |         |         | 0:38.11 | 0:34.25   | 0:26.76 |         | 9:13.24  | 1:02.60 |           | 1:09.16 | 0:54.59 |
| Adam Turner               |          |            |         |          |         |          |            |         |          |         |         |         |           |         | 0:18.08 |          |         | 0:52.74   |         |         |
| Alex Bell                 |          |            | 1:51.50 |          |         | 3:21.03  |            |         | 3:12.32  | 3:37.92 |         |         | 0:22.47   | 0:21.28 |         | 6:54.41  | 0:45.02 |           | 0:50.75 | 0:37.60 |
| Alex Binns                |          |            |         |          |         |          |            |         |          |         | 2:32.88 |         |           |         |         |          |         |           |         |         |
| Alex Cawthorne            |          | 1:29.81    | 1:30.33 |          | 1:23.93 | 2:59.22  |            |         | 2:37.16  | 2:54.98 |         |         | 0:19.39   |         | 0:15.37 | 5:37.50  | 0:39.06 | 0:41.95   |         | 0:32.64 |
| Alexander Douglas         | 1:48.54  | 2:00.19    | 2:20.43 | 1:35.53  | 1:54.59 |          | 4:11.56    |         | 3:33.74  | 4:06.52 |         | 0:22.52 | 0:27.02   | 0:23.97 | 0:18.42 | 7:37.31  | 0:44.46 | 0:57.25   | 0:57.25 | 0:41.60 |
| Alice Hopkins             |          |            | 1:36.03 |          |         | 2:53.20  |            |         |          |         |         | 0:20.27 |           | 0:17.91 |         |          | 0:38.84 |           |         | 0:32.72 |
| Alistair Maguire          | 1:36.62  |            | 1:48.08 | 1:25.85  | 1:42.92 |          | 4:06.44    |         |          | 2:38.06 |         | 0:20.92 | 0:24.88   | 0:17.55 | 0:17.44 | 9:07.15  | 0:44.88 | 0:56.08   | 0:44.91 |         |
| Andrew Allen              |          |            |         |          |         |          |            |         |          |         |         |         |           |         |         | 0:29.36  |         |           |         |         |
| Barnaby Kempster          | 1:58.93  |            |         | 1:09.78  | 1:24.91 |          |            | 3:35.50 |          | 2:57.05 |         | 0:17.07 |           |         | 0:14.91 | 5:20.04  | 0:36.19 |           | 0:43.63 |         |
| Barnaby Kempster2         |          |            |         |          |         |          |            |         |          |         |         | 0:17.16 |           |         |         |          |         |           |         |         |
| Becki Turner              |          |            |         | 1:11.69  | 1:22.99 | 2:52.57  |            |         |          |         |         | 0:19.08 |           | 0:18.68 | 0:15.36 |          | 0:40.94 | 0:44.31   |         | 0:34.16 |
| Beth Sturgess             | 1:28.53  |            | 1:26.75 |          |         | 2:56.32  |            |         | 2:43.62  |         |         |         | 0:21.76   | 0:15.92 |         |          | 0:40.51 |           | 0:35.61 | 0:33.37 |
| Bethany Staley            | 1:28.42  | 1:46.07    |         | 1:26.67  | 1:38.60 | 3:20.88  |            |         | 3:02.46  |         | 3:33.25 | 0:20.08 | 0:20.90   |         | 0:17.33 | 6:20.87  |         | 0:58.64   | 0:49.41 |         |
| Bruno Kempster            | 1:59.40  |            |         | 1:40.21  |         |          |            |         |          |         |         | 0:24.18 |           |         |         |          |         |           | 0:55.05 |         |
| Chloe Parker              |          |            |         | 1:22.78  | 1:40.87 |          |            |         |          |         |         | 0:22.09 |           | 0:21.69 | 0:17.41 |          | 0:47.67 |           |         | 0:36.77 |
| David Mills               | 1:19.19  | 1:32.63    | 1:28.73 | 1:11.91  | 1:23.53 |          | 3:16.97    |         | 2:36.25  | 2:54.00 |         | 0:17.98 | 0:19.50   | 0:16.89 | 0:14.85 | 5:23.47  | 0:37.71 | 0:43.41   | 0:40.94 | 0:32.85 |
| David Mills2              |          |            |         | 1:23.91  |         |          |            |         |          |         |         |         |           |         |         |          |         |           |         |         |
| Ellie Wood                |          | 1:23.09    | 1:09.59 |          | 1:12.41 |          |            |         |          |         |         |         |           |         |         | 5:28.60  |         | 0:39.00   |         |         |
| Francesca                 |          |            |         |          |         | 3:35.32  |            |         |          |         |         |         |           |         |         | 6:22.92  |         |           |         | 0:38.39 |
| Georgia O'Brien           |          | 1:39.33    |         | 1:26.98  | 1:35.52 | 3:36.38  | 3:36.66    |         |          |         |         | 0:21.31 |           |         | 0:15.82 | 6:47.22  |         | 0:47.53   |         |         |
| Georgie Wilkins           | 1:24.47  | 1:32.85    | 1:20.86 | 1:13.47  | 1:22.89 | 3:01.72  | 3:16.10    | 3:00.01 | 2:38.25  |         | 2:55.13 | 0:22.24 | 0:20.41   | 0:16.57 | 0:16.75 |          | 0:40.43 | 0:44.64   |         | 0:35.32 |
| Georgie Wilkins2          |          |            |         |          |         |          |            |         |          |         |         |         |           |         |         |          | 0:46.80 |           |         | 0:40.61 |
| Harry Nash                | 1:34.06  | 1:57.37    | 1:30.33 | 1:24.74  | 1:41.31 |          | 3:57.31    | 3:52.40 | 3:13.15  | 3:28.94 |         | 0:21.38 | 0:25.06   | 0:19.39 | 0:17.79 | 6:24.82  | 0:46.17 | 0:55.10   | 0:44.68 | 0:37.77 |
| James Ellison             | 1:27.46  |            |         | 1:20.40  |         |          | 3:57.24    | 3:32.03 |          |         |         | 0:18.56 |           |         |         |          |         |           | 0:40.84 |         |
| James Tichband            |          | 1:34.39    |         |          |         | 2:36.66  |            |         |          |         |         |         |           | 0:16.91 |         | 4:43.98  |         |           |         | 0:31.18 |
| Jennifer Taylor           | 1:25.04  |            |         |          |         |          |            |         | 2:37.60  |         | 2:52.76 |         | 0:18.15   |         |         |          |         |           | 0:38.08 |         |
| Jenny Martin              |          | 1:43.68    |         |          | 1:31.38 |          | 3:48.91    |         |          |         |         |         |           |         |         |          |         |           |         |         |
| Joanna Wakefield          |          |            |         |          |         |          |            |         |          |         |         |         |           |         |         |          |         |           |         |         |
| Julia Domnick             | 1:38.50  | 1:44.21    |         |          |         | 3:28.16  |            |         | 3:11.03  |         | 3:35.43 |         | 0:20.92   | 0:19.10 |         |          | 0:41.37 |           |         | 0:35.55 |
| Kate Metalli              | 1:32.66  | 1:47.40    |         | 1:26.44  | 1:33.12 | 3:14.54  | 3:48.08    |         | 2:58.22  |         | 3:22.84 | 0:20.47 | 0:28.44   | 0:20.19 | 0:17.75 | 6:24.92  | 0:42.79 | 0:48.69   | 0:45.60 | 0:38.26 |
| Kate Metalli2             |          |            |         |          |         |          |            |         |          |         |         |         |           |         | 0:18.34 |          |         |           |         |         |
| Matthew Palmer            |          |            | 1:33.36 |          |         |          |            |         |          |         |         |         |           |         |         |          |         |           |         |         |
| Morgan Nash               | 1:42.15  | 2:09.47    | 2:16.58 | 1:44.91  | 2:01.24 | 3:59.41  | 4:20.75    |         | 4:00.12  | 4:06.78 |         | 0:20.84 | 0:37.43   | 0:26.69 | 0:20.56 | 7:43.22  | 0:53.44 | 0:59.64   | 0:59.60 | 0:48.53 |
| Natalia Cielierska-Holmes |          |            | 1:23.95 | 1:07.22  | 1:27.05 | 2:49.89  | 3:27.31    |         |          |         |         | 0:18.63 | 0:15.96   | 0:15.02 |         | 0:39.55  | 0:45.26 |           | 0:31.64 |         |
| Nicole Ryan               |          |            |         | 1:22.38  |         |          |            |         |          |         | 3:19.86 |         | 0:24.40   |         |         | 6:30.57  |         |           | 0:41.50 |         |
| Olivia Wall               |          |            |         |          |         |          |            |         |          |         |         |         |           |         |         |          |         |           |         |         |
| Patrick Stewart           | 1:44.06  | 2:00.14    |         | 1:29.65  | 1:47.90 |          |            |         | 3:59.63  |         |         | 0:20.84 |           | 0:20.89 | 0:17.78 |          | 0:42.97 | 0:55.48   | 0:49.91 | 0:40.21 |
| Rachael Mills             | 1:20.46  |            |         | 1:07.43  | 1:34.89 | 2:54.00  |            | 2:37.92 | 2:13.51  |         | 2:39.12 | 0:19.60 |           | 0:15.61 | 0:14.31 | 4:53.72  | 0:44.22 |           | 0:34.38 | 0:33.47 |
| Rachael Mills2            |          |            |         |          |         |          |            |         |          |         |         |         |           |         | 0:14.38 |          |         |           |         |         |
| Ruaridh Sheppard          | 1:42.13  |            |         | 1:30.07  |         |          | 3:55.81    | 4:24.08 |          | 3:39.49 |         | 0:22.75 | 0:23.78   |         | 0:18.22 | 6:56.70  | 0:47.80 | 0:53.08   | 0:48.65 |         |
| Sam Kemp                  | 1:31.08  | 1:41.72    |         | 1:18.66  | 1:25.46 | 3:15.43  | 3:21.32    |         | 2:51.28  |         |         |         |           | 0:17.63 |         |          |         |           | 0:42.16 | 0:36.19 |
| Sorelle Mayes             |          |            | 1:51.34 |          |         | 3:28.90  |            |         |          |         |         |         |           | 0:20.84 |         | 7:24.01  | 0:48.03 |           |         | 0:41.64 |
| Thomas Green              | 1:35.41  | 2:02.97    |         | 1:21.36  |         | 3:38.84  | 4:18.96    |         | 3:15.53  |         |         | 0:19.31 | 0:24.48   | 0:19.72 | 0:15.60 | 6:43.68  | 0:42.78 | 0:53.23   | 0:45.16 | 0:35.16 |
| Zoe Knott                 | 1:23.87  |            |         |          |         |          |            |         | 2:34.66  |         | 2:25.94 |         | 0:22.59   | 0:16.09 |         |          |         |           | 0:39.63 |         |

|                           |     |            |         |
|---------------------------|-----|------------|---------|
| James Tichband            | RSC | 200 Back   | 2.36.66 |
| Alex Cawthorne            | RSC | 200 Back   | 2.59.22 |
| Sam Kemp                  | RSC | 200 Back   | 3.15.43 |
| Thomas Green              | RSC | 200 Back   | 3.38.84 |
| Morgan Nash               | RSC | 200 Back   | 3.59.41 |
| Natalia Cielierska-Holmes | RSC | 200 Back   | 2.49.89 |
| Becki Turner              | RSC | 200 Back   | 2.52.57 |
| Alice Hopkins             | RSC | 200 Back   | 2.53.20 |
| Rachel Mills              | RSC | 200 Back   | 2.54.00 |
| Beth Sturgess             | RSC | 200 Back   | 2.56.32 |
| Georgie Wilkins           | RSC | 200 Back   | 3.01.72 |
| Katie Metalli             | RSC | 200 Back   | 3.14.54 |
| Beths                     | RSC | 200 Back   | 3.20.88 |
| Alex Bell                 | RSC | 200 Back   | 3.21.03 |
| Julia                     | RSC | 200 Back   | 3.28.16 |
| Sorelle Mayes             | RSC | 200 Back   | 3.28.90 |
| Francesca                 | RSC | 200 Back   | 3.35.32 |
| Georgia                   | RSC | 200 Back   | 3.36.38 |
| Alex Cawthorne            | RSC | 100 Breast | 1.29.81 |
| David Mills               | RSC | 100 Breast | 1.32.63 |
| James Titchband           | RSC | 100 Breast | 1.34.39 |
| Sam Kemp                  | RSC | 100 Breast | 1.41.72 |
| Harry Nash                | RSC | 100 Breast | 1.57.37 |
| Patrick Stewart           | RSC | 100 Breast | 2.00.14 |
| Alexander Douglas         | RSC | 100 Breast | 2.00.19 |
| Thomas Green              | RSC | 100 Breast | 2.02.97 |
| Morgan Nash               | RSC | 100 Breast | 2.09.47 |
| Rachel Mills              | RSC | 25 Fly     | 15.61   |
| Beth Sturgess             | RSC | 25 Fly     | 15.92   |
| Natalia Cielierska-Holmes | RSC | 25 Fly     | 15.96   |
| Zoe Knott                 | RSC | 25 Fly     | 16.09   |
| Georgie Wilkins           | RSC | 25 Fly     | 16.57   |
| Alice Hopkins             | RSC | 25 Fly     | 17.91   |
| Becki Turner              | RSC | 25 Fly     | 18.68   |
| Julia                     | RSC | 25 Fly     | 19.1    |
| Joanna Wakefield          | RSC | 25 Fly     | 19.37   |
| Katie Metalli             | RSC | 25 Fly     | 20.19   |
| Sorelle Mayes             | RSC | 25 Fly     | 20.84   |
| Alex Bell                 | RSC | 25 Fly     | 21.28   |
| Chloe Parker              | RSC | 25 Fly     | 21.69   |
| ?                         | RSC | 25 Fly     | 22.42   |

|                           |     |         |       |
|---------------------------|-----|---------|-------|
| Abigael Sheppard          | RSC | 25 Fly  | 26.76 |
| David Mills               | RSC | 25 Fly  | 16.89 |
| James Titchband           | RSC | 25 Fly  | 16.91 |
| Alistair Maguire          | RSC | 25 Fly  | 17.55 |
| Sam Kemp                  | RSC | 25 Fly  | 17.63 |
| Harry Nash                | RSC | 25 Fly  | 19.39 |
| Thomas Green              | RSC | 25 Fly  | 19.72 |
| Patrick Stewart           | RSC | 25 Fly  | 20.89 |
| Alexander Douglas         | RSC | 25 Fly  | 23.97 |
| Morgan Nash               | RSC | 25 Fly  | 26.69 |
| Natalia Cielierska-Holmes | RSC | 50 Free | 31.64 |
| Alice Hopkins             | RSC | 50 Free | 32.72 |
| Beth Sturgess             | RSC | 50 Free | 33.37 |
| Rachel Mills              | RSC | 50 Free | 33.47 |
| Becki Turner              | RSC | 50 Free | 34.16 |
| Georgie Wilkins           | RSC | 50 Free | 35.32 |
| Joanna Wakefield          | RSC | 50 Free | 35.55 |
| Chloe Parker              | RSC | 50 Free | 36.77 |
| Alex Bell                 | RSC | 50 Free | 37.6  |
| Katie Metalli             | RSC | 50 Free | 38.26 |
| Francesca                 | RSC | 50 Free | 38.39 |
| Julia                     | RSC | 50 Free | 39.51 |
| Georgie                   | RSC | 50 Free | 40.61 |
| Sorelle Mayes             | RSC | 50 Free | 41.64 |
| Abigael Sheppard          | RSC | 50 Free | 54.59 |
| James Tichband            | RSC | 50 Free | 31.18 |
| Alex Cawthorne            | RSC | 50 Free | 32.64 |
| David Mills               | RSC | 50 Free | 32.85 |
| Thomas Green              | RSC | 50 Free | 35.16 |
| Sam Kemp                  | RSC | 50 Free | 36.19 |
| Harry Nash                | RSC | 50 Free | 37.77 |
| Patrick Stewart           | RSC | 50 Free | 40.21 |
| Alexander Douglas         | RSC | 50 Free | 41.60 |
| Morgan Nash               | RSC | 50 Free | 48.53 |
| Alice Hopkins             | RSC | 50 Back | 38.84 |
| Natalia Cielierska-Holmes | RSC | 50 Back | 39.55 |
| Georgie Wilkins           | RSC | 50 Back | 40.43 |
| Beth Sturgess             | RSC | 50 Back | 40.51 |
| Becki Turner              | RSC | 50 Back | 40.94 |
| Joanna Wakefield          | RSC | 50 Back | 41.37 |

|                           |     |          |         |
|---------------------------|-----|----------|---------|
| Katie Metalli             | RSC | 50 Back  | 42.79   |
| Rachel Mills              | RSC | 50 Back  | 44.22   |
| Alex Bell                 | RSC | 50 Back  | 45.02   |
| Julia                     | RSC | 50 Back  | 45.38   |
| Georgie                   | RSC | 50 Back  | 46.8    |
| Chloe Parker              | RSC | 50 Back  | 47.67   |
| Sorelle Mayes             | RSC | 50 Back  | 48.03   |
| Abigael Sheppard          | RSC | 50 Back  | 1.02.60 |
| James Tichband            | RSC | 200 Free | 2.17.20 |
| David Mills               | RSC | 200 Free | 2.36.25 |
| Alex Cawthorne            | RSC | 200 Free | 2.37.16 |
| Sam Kemp                  | RSC | 200 Free | 2.51.28 |
| Harry Nash                | RSC | 200 Free | 3.13.15 |
| Thomas Green              | RSC | 200 Free | 3.15.53 |
| Alexander Douglas         | RSC | 200 Free | 3.33.74 |
| Morgan Nash               | RSC | 200 Free | 4.00.12 |
| Georgie Wilkins           | RSC | 100 Fly  | 1.20.86 |
| Natalia Cielierska-Holmes | RSC | 100 Fly  | 1.23.95 |
| Beth Sturgess             | RSC | 100 Fly  | 1.26.75 |
| Alice Hopkins             | RSC | 100 Fly  | 1.36.03 |
| Sorelle Mayes             | RSC | 100 Fly  | 1.51.34 |
| Alex Bell                 | RSC | 100 Fly  | 1.51.50 |
| David Mills               | RSC | 100 IM   | 1.23.53 |
| Alex Cawthorne            | RSC | 100 IM   | 1.23.93 |
| Sam Kemp                  | RSC | 100 IM   | 1.25.46 |
| Harry Nash                | RSC | 100 IM   | 1.41.31 |
| Alistair Maguire          | RSC | 100 IM   | 1.42.92 |
| Patrick Stewart           | RSC | 100 IM   | 1.47.90 |
| Alexander Douglas         | RSC | 100 IM   | 1.54.59 |
| Morgan Nash               | RSC | 100 IM   | 2.01.24 |
| Francescca                | RSC | 400 Free | 6.22.92 |
| Katie Metalli             | RSC | 400 Free | 6.24.92 |
| Nicole Ryan               | RSC | 400 Free | 6.30.57 |
| Georgia O'Brien           | RSC | 400 Free | 6.47.22 |
| Alex Bell                 | RSC | 400 Free | 6.54.41 |
| Sorelle Mayes             | RSC | 400 Free | 7.24.01 |
| Abigael Sheppard          | RSC | 400 Free | 9.13.24 |
| James Titchband           | RSC | 400 Free | 4.43.98 |